Nanhua University 2020 Academic Year Undergraduate Students Bachelor Program of Sports and Health Promotion

Time Schedule of Class

At the time of graduation, students should complete at least 128 credits, including:

1.General Education 31 credits.

2.College Interdisciplinary Program 12 credits, College Foundation Courses 12 credits, College Elective Courses 6 credits.

3.Department Core Courses 23 credits, Department Elective Courses 44 credits.

		Freshman	Fir: Seme		Seco Seme		Sophomore	Fir Seme		Seco Seme		Junior	Firs Seme		Seco Seme		Senior	Firs Seme		Seco Seme	
					Credits	,				Credits					Credits			Credits			
nterdisciplinary Program 12 Credits							1.The interdis be taken befo program will b 2.For more inf announcemen Office.	re you e adde ormatio	gradu d to y on abo	ate; If our dip out the	you h Ioma. interc	ave completed	a who ram, p	ole pro	gram, check t	the he					
College		Economics(I)	3	3			Statistics(I)	3	3			Accounting(I)	3	3							
Foundation Courses 12Credits	Compulsory	Management			3	3															
College Elective Courses 6Credits	Elective			1		1		1	1		1			1							1
	Compulsory	Introduction to sports industry	2	2			Sports Biomechanics	2	2			Method of Sports Guidance	2	2			Sports industry workplace experience	2	2		
Department Core Courses 23Credits		Introduction to sport and exercise science	2	2			Sports Injury Protection	2	2			The Ethics of Sports Competition			2	2	Sports production			2	2
ZJCIEdits		My Learning Road Map	1	1			Sports Nutrition			2	2										
		Exercise Physiology			2	2															
		Sports health promotion			2	2															L
Sports Management	Elective	Planning and Practice in Sport Events(I)	1	1			Sports Marketing	2	2			Sports event management	2	2			International Sports Organization	2	2		
		Event Managemen(II)	1	1			Event Managemen(III)	1	1			Club management			2	2	Sports industry management topics			2	2
Credit Course 18Credits							Professional Sports Industry			2	2	Sports facilities management			2	2					
							Event Managemen (IV)			1	1										
							Sports Tourism Industry			2	2										
		Sports Information and Computerized Processing			2	2	Strength and Conditioning Training	2	2			Child health promotion	2	2			Practice of Exercise and Health Promotion- Swimming.	2	2		
Sports Health Promotion							Health assessment and fitness testing	2	2			Senior health promotion			2	2	Seminar on Health Promotion			2	2
Credit Course 18Credits	Elective						Exercise prescription			2	2	Personal fitness coach guidance			3	3	Practice of Exercise and Health Promotion- Fitness.			2	2
												Theory and Practice of Weight Training			2	2					
		Practical Training in Specific Sport(I)	3	3			Practical Training in Specific Sport (III)	3	3			Specific Sport Training(V)	3	3			Sports Massage	2	2		
		Practical Training in Specific Sport (II)			3	3	Sports management	2	2			Sports psychology	2	2			Competitive Sports Team Management Strategy			2	:
							Strength and Conditioning Training	2	2			Sports injury assessment	2	2							

24Credits			anatomy (including human physiology)	2	2			Analysis of Sport Techniques	2	2							
			Practical Training in Specific Sport (IV)			3	3	Theory and Practice of Weight Training			2	2					
			Theory and Practice of Athletic Taping			2	2	Specific Sport Training(VI)			3	3					
	Elective		Human anatomy (including human physiology)	2	2			Sports injury assessment	2	2			Sports massage	2	2		
Sports Injury Protection			Strength and Conditioning Training	2	2			Sports injury protection equipment			2	2	Sports health			2	2
Credit Course 18Credits	Elective		Theory and Practice of Athletic Taping			2	2										
			Sports health and health management			2	2										
			Exercise prescription			2	2										
Note			duation, One licen p in the senior yea		ach o	r refere	e, the	e other is an ei	mergei	ncy or	testing	licen	se.				

Nanhua University General Education Curriculum Framework for Undergraduate Students (For the 2020 Academic Year, in total 31 credits) Time Schedule of Class

Classification of Courses	Category of Courses	Credits	Note	The Unit in Charge			
	Service Education and Youth Volunteers		According to the rules of the Office of Student Affairs	服務學習組			
Life Education-	Coming of Age		0 Ceremony of Coming of Age, according to the rules of the Office of Student Affairs				
Development of	f Self-directed Learning		According to the rules of the Office of Student Affairs	課外活動組			
Body and Soul	Mindful Meditation		The first or the second semester of the first year	通識教育中心			
	Physical Education	0	Two hours per week for the first year, and two hours per week for the first or the second semester of the second year	體育教學中心			
	Chinese Reading and Expression	4	The first or the second semester of the first year	通識教育中心			
Reading and Expression	Freshman English: Reading and expression	4	The first or the second semester of the first year	17			
	Freshman English: Listening and communication	2	The first and the second semesters of the first year	語文教學中心			
	Core Courses	2					
General Education	Chinese Classics	2		通識教育中心			
	Foreign Classics	2					
	Humanities and Arts	2					
	Nature and Sustainability	2					
	Society and Responsibility	2		通識教育中心			
Core Attainment	107-Programming and Digital Information		The first and the second semesters of the second year				
	107-Logic and thinking	2					
	Multi-cultures and Languages	2		語文教學中心			

Nanhua University General Education Curriculum Framework for the Foreign Undergraduate Students (For the 2020 Academic Year, in total 31 credits)

Time Schedule of Class

Classification of Courses	Category of Courses	Credits	Note	The Unit in Charge			
	Service Education and Youth Volunteers	1	According to the rules of the Office of Student Affairs	服務學習組			
Life Education-	Coming of Age		0 Ceremony of Coming of Age, according to the rules of the Office of Student Affairs				
Development of	f Self-directed Learning		According to the rules of the Office of Student Affairs	課外活動組			
Body and Soul	Mindful Meditation		The first or the second semester of the first year	通識教育中心			
	Physical Education	0	Two hours per week for the first year, and two hours per week for the first or the second semester of the second year	體育教學中心			
Reading and	Chinese Reading and Expression	Foundational Chinese(1) \ (2) Basic Chinese(1) \ (2) Intermediate Chinese(1) \ (2) Advanced Chinese) (1) \ (2)	華語中心				
Expression	Freshman English: Reading and expression	4	The first and the second semesters of the first year	語文教學中心			
	Freshman English: Listening and communication	2	2 The first and the second semesters of the first year				
Taiwanese	Taiwanese Religion and Custom History 4 Idioms Allusion and Applying History and Social Development in Taiwan						
Civilization	Culture	4	Taiwanese Culture and Arts Chinese Manners Belief and Life	華語中心			

In order to enhance the "Citizenship Competence" and "Liberal Arts" competence of foreign students, foreign students are free to choose at least 10 credits from cross-field courses, department elective courses, courses of other departments and micro courses. If there are still insufficient, the Chinese Language Center should provide relevant elective courses to make up. In addition, all departments, the Institute of International and Cross-Strait Affairs or academic affairs office should make good use of informal courses to strengthen the citizenship competence of foreign students, and ensure that both foreign and domestic students have reached the goals of the general education and possessed the core capabilities of the school.